## This is the Year Poetry Competition Information Sheet

# **Understanding Futures Through Covid-19**



Ethics committee reference number: HR-19/20-19995

Before you agree to enter the competition, it is important for you to know a little bit about the research that you will contribute to by entering the competition.

#### WHAT IS RESEARCH?

Research is a way of finding out answers to questions when we don't know enough.

#### **ABOUT THIS RESEARCH**

We want to find out more about the kind of society that young people in Lambeth and Southwark want to live in.

The Covid-19 pandemic and lockdown has changed the world for all of us. We want to know what the pandemic has meant to you and how you've felt during lockdown through poetry and spoken word.

#### WHY ARE WE DOING THIS RESEARCH?

There are a lot of scientists at King's College London and across the world who are trying to make the world "a better place" through health research. But often young people's ideas about what they think a better world should look like are missed. We want to know more about what kind of future society you would like to live in.

At the same time we know the Covid-19 pandemic has affected everyone's lives. We want to know how the pandemic has affected your wellbeing, and your hopes and fears for the future.

#### WHY ME?

We would like you to participate in this research because you are a young person living, studying, or attending a youth centre in Lambeth or Southwark interested in poetry and spoken word.

#### WHAT WILL HAPPEN?

If you choose to take part in the competition, you will write a poem or record a spoken word performance at home.

You can then complete the online entry and consent form. We will then invite you by email to upload your entry and a consent form signed by your parent or carer on to our system.

We will look at your entry and think about your experience of lockdown and the pandemic.

Our competition judge will also select 10 competition winners based on their creativity and originality. Finalists will be published online.

We will then communicate what you told us to local policy makers and health researchers so they can make better decisions about how to support young people during the Covid-19 pandemic, and in the future.

Your entry will also be judged by a published poet, Belinda Zhawi, and Theatre Peckham. If you win you will get a laptop, or a runner up prize. All entries will receive a certificate from King's College London to thank you for taking part.

#### DO I HAVE TO TAKE PART?

No, you do not. It is up to you. We would like you to read this information sheet and then decide. If you agree to take part, we would like you to fill out the entry form below. You can still change your mind later. If you don't want to take part, just say no!



#### WILL ANYONE KNOW I AM DOING THIS?

You can tell anyone you want to that you are taking part in this research, but we won't tell anyone except your parents/carers and Theatre Peckham – our partners who are helping us run the competition.

When we present our research back to other researchers, we won't tell them your name.

When we do collect any information about you (like your name or your parent/carer's name), we will make sure it is stored in a safe place and only the people doing the research study can look at it.

We will have to share your entry Belinda Zhawi and Theatre Peckham to judge the competition. If you win the competition, we will get back in touch with you and your parent/carer to ask you if and how you would like your entry to be showcased in an online Covid-19 Time Capsule, hosted on our publicly accessible website:

www.utopianow.co.uk. You will be able to choose to put it online anonymously, with your first or full name, and with or without a photograph. If you submit a video or audio file you can choose

# WHAT IF I'M STRUGGLING WITH MY MENTAL HEALTH AT THIS TIME AND WANT SOME HELP?

If you would like some advice or support, our website provides a list of free resources and independent advice available locally and nationally for young people.

If you need to speak to someone urgently, then you can call Childline for free on 0800 1111 from 9am – midnight.

Alternatively, you can message YoungMinds for free by texting YM to 85258 at any time.

# WHAT IF I HAVE QUESTIONS OR WANT TO TALK TO SOMEONE ABOUT THE STUDY?

You can talk to anyone you want to about this research. Your parents, carer or teacher may be able to answer some of your questions.

The researchers can also answer your questions. You can contact them by email, phone, post, or text:

Hannah Cowan (hannah.cowan@kcl.ac.uk)

#### **Charlotte Kühlbrandt**

(charlotte.kuhlbrandt@kcl.ac.uk)

Hana Riazuddin (hana.s.riazuddin@kcl.ac.uk)

#### Address:

School of Population Health & Environmental Sciences Faculty of Life Sciences & Medicine 5th Floor, Addison House, Guy's Campus, London, SE1 1UL King's College London

Website: utopianow.co.uk

#### WHAT IF SOMETHING GOES WRONG?

If this study has harmed you in any way or if you wish to make a complaint about the conduct of the study you can contact King's College London using the details below for further advice and information:

The Chair, BDM Research Ethics Sub- Committee, rec@kcl.ac.uk

Please enter online form on <a href="https://www.utopianow.co.uk/poetry">www.utopianow.co.uk/poetry</a> by 11th December2020

## www.utopianow.co.uk



In accordance with the General Data Protection Regulation or GDPR, we will process your personal information to contact entrants and to let them know the competition outcome or provide further information on activities and events related to Future Stories.